

10 facts on preventing infections in the workplace

1

Keep a safe distance: stay at least 1.5 m away from other people. Floor and workstation markings help judge distances more accurately.

6

In enclosed public spaces: require face masks and enforce the requirement. Transparent face shields are an alternative if it is important to show facial expressions.

2

Define a maximum number of persons per room to ensure sufficient spacing and hang a sign at the door indicating this number.

7

Disinfect door handles, telephones, computer keyboards and desks regularly.

3

Ventilate regularly to reduce the concentration of aerosols in the room.

8

Clean refrigerators regularly and check the contents to ensure that they are in-date.

4

Provide disinfectant and sanitiser in common areas – ideally in practical dispensers – and use them regularly for cleaning.

9

Install guidance systems in buildings, for example with signs or floor markings to prevent unnecessary movements and encounters.

5

Wash or sanitise your hands regularly and thoroughly. Signs provide a constant reminder and illustrate the proper hand washing procedure.

10

Avoid business travel. Organise virtual meetings instead. Recommendation: use two monitors or one monitor and a tablet, and position them in ergonomic mounts.

